

Menstrual Hygiene Management amid Covid-19

A virtual conversation about MHM within the broader Covid-19 response



*Periods don't Stop for pandemics. Neither will We.
Virtual Conversation about MHM -
COVID-19 Response.*

ORGANIZED BY WATSAN CELL, KHYBER PAKHTUNKHWA

#TogetherWeCanEndPeriodStigmaBy2030

#MHMDay2020

#PeriodsInPandemic



Background:

Menstrual Hygiene Day is an annual global event commemorated every year on 28th May to raise awareness about the challenges women and girls face due to menstruation and to highlight solutions that address these challenges. This year, in the COVID – 19 pandemic the day was utilized through virtual conversation as an advocacy platform bringing together the voices and actions of non-profits, government agencies, individuals, private sector and the media to promote good menstrual hygiene management (MHM) for all women and girls under the theme: **It's Time For Action**. Objective of the theme was to break the silence and raise awareness, changing negative social norms around MHM, and engaging decision-makers to increase the political priority and catalyze action for MHM, at global, national and local levels.

Lack of education on MHM, persisting taboos and stigma, limited access to hygienic menstrual products and poor sanitation infrastructure undermines the educational opportunities, health and overall social status of women and girls around the world resulting in millions of women and girls are kept from reaching their full potential. The prevailing situation, when the world is witnessing a global pandemic, Covid-19 has made menstrual health more urgent than ever, as periods do not stop because of pandemics. The most affected will be the poorest, marginalized and most vulnerable to economic and social shocks.

The novel coronavirus has officially changed the way human beings behave. COVID-19 has spurred travel restrictions, self-isolation and self-quarantine, working from home. It also has disrupted work, school and social routines, interrupted the supply of different products including menstrual products due to store closures and stock-outs. Everything can be locked but **periods can't be stop**.

MHM Working Group Khyber Pakhtunkhwa celebrates the MH day regularly since 2017, but this year due to COVID19, a physical event was not possible due safety measures. Therefore, an online conference was organized in coordination with UNICEF and IRC on the 17th June 2020.

Objectives:

Objectives of the conference were;

1. To initiate a dialogue about the anticipation and mitigation of the collateral/secondary impacts of the COVID-19 pandemic on girls' and women's ability to manage their menstruation.
2. Build a strong cross-sectoral evidence base for Menstrual Hygiene Management in Khyber Pakhtunkhwa for prioritization of policies, resource allocation and programming
3. Promote MHM movement through a comprehensive and evidence-based advocacy at Government level.
4. Showcasing of new ideas and lessons learned from MHM work in Khyber Pakhtunkhwa.

Overview of the Conference

Opening of the Conference

The virtual conference was started with the recitation of Holy Quran followed by the opening Remarks of **Additional Secretary, Local Council Board Khyber Pakhtunkhwa, Mr. Said Rehman**. He formally welcomed all the participants and thanked them for taking their precious time to attend this first ever virtual conversation on Menstrual Hygiene Management. He expressed his gratitude to all the doctors, nurses, and workers working in WASH Sector, who are fighting the deadly COVID-19 virus to serve the community. In his brief remarks he recognized and appreciated the support of MHM Provincial Working Group of Khyber Pakhtunkhwa. The Group has extremely explored new ideas including the creation of a pool of 150 trainers in 10 districts of Khyber Pakhtunkhwa. He mentioned the challenges faced by MHM working group with very little human resources, data and knowledge about MHM, when the group started its work on this serious subject back in 2017. Different stakeholders and interested groups were involved but were not publicly pronounced. All the work under the MHM component we are seeing today is the serious commitment of the members of the Provincial Working Group, Khyber Pakhtunkhwa. Local Government Department appreciate their contribution. He informed the participants that LG & RDD is supporting these initiatives and recently launched a Public toilet finder android mobile application for the facilitation of General Public in finding of nearest public latrines to them in time of need. He closed his speech with thanks to the participants, presenters and stressed on the work for 800 million women and girls who menstruate daily facing barriers/ challenges to manage their periods daily. It has been taken as responsibility to support in changing the status quo. Lastly, he specifically thanked all speakers and attendees from abroad who have joined this event to share their significant wisdom and insight.



Remarks of Mr. Kamran Bangash, Special Assistant to Chief Minister Khyber Pakhtunkhwa for Local Government & Rural Development

Mr. Kamran Bangash has honored the event as Chief Guest and attended the event from his own office located at Local Government Secretariat of the provincial capital of Khyber Pakhtunkhwa. In his remarks he shared the vision of Prime Minister of Islamic Republic of Pakistan - Mr. Imran Khan that the Government is committed to follow the reform agenda and bring changes in the life of the citizen of this province. He appreciated the tireless efforts of MHM working group which has a lot of success and contribution to promote safe Hygiene in the province. He mentioned in his short speech that the Provincial Government acknowledge the importance of hygiene education and improved practices especially among girls and the need/ importance of MHM friendly infrastructure in schools. He shared few words regarding the current pandemic – the COVID-19, that his department and staff is fully aware and on board from the current situation and busy in provision of WASH services, in the current pandemic. The Local Government Department is utilizing its utmost capacities and resources to defeat this chronic virus. He encouraged the development partners to come forward and invest in WASH services and help the vulnerable and needy population of the province. In



the end of his speech he congratulated the organizers for arranging such a productive and successful event.

Conference Presentations

Introduction to Menstrual Hygiene (MH) Day & MHM Journey in Khyber Pakhtunkhwa (KP) Province (2017 – 2019)

Dr. Wassaf Syed (UNICEF KP - WASH) and Co-Chair of the Provincial MHM Working Group highlighted the importance of the Menstrual Hygiene (MH) Day, shedding light on its history – the day celebrated for the first time around the world on 28th May 2014. She further emphasized that MHM is now a topic of concern on global health, human rights and water and sanitation agendas.

She highlighted the 3 years Journey of MHM Working Group in KP since 2017. Key achievements/ milestones under the enabling environment and service delivery reflected during the presentation are as below:

- MHM Working Group notification in 2017
- MHM integrated into Provincial WASH in Schools Strategies and its approval by the government.
- MHM included in the WASH Sector Development Plan 2018.
- 154 school teachers trained on MHM in 7 districts of KP with the support of Master Trainers from IRSP, IRC, Education Dept, SRSP & UNICEF.
- MH day commemoration 3 consecutive years starting from 2017.
- Rehabilitation/ Installation of WASH facilities in girls' schools and formation/strengthening of MHM Clubs/ School WASH Clubs under WASH programs.
- MHM program in Chitral district of KP (schools and at community level) through trained entrepreneurs is a remarkable achievement (AKRSP/UNICEF project). Entrepreneurs are running small scale business of sanitary pads in their catchment area and conducting orientation on MHM in the communities.

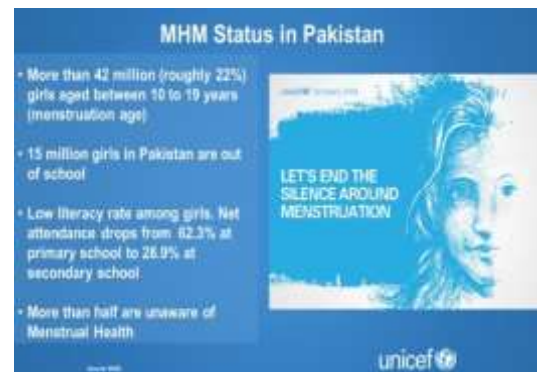
She briefly touched upon the challenges faced by the forum during implementation of the MHM component in the province. The conservative socio culture landscape of KP in general and merged districts in particular, limits the implementation of MHM programs in communities. Bringing the MHM subject for discussion on the forums was a difficult task and in communities it is still a sensitive subject. Women participation is more challengeable in behavior change components of WASH interventions due to conservative tribal norms.



She concluded her presentation with these words that MHM Working Group KP has provided a valuable platform where all stakeholders can come together to discuss MHM interventions and policy improvements and implementations. Under the Government patronage, the Working Group will continue its work with more passion and deliberation in collaboration with the Directorate of Elementary & Secondary Education to scale up further.

National status & achievements under the MHM agenda

Ms. Kiran Qazi (UNICEF Islamabad – WASH) in her presentation highlighted the menstruation overview in Pakistan. she mentioned that more than fifteen million girls (15 million) in Pakistan are out of school. The net attendance drops from 62.3% at primary school to 28.9% at secondary schools. Some of this is due to lack of proper sanitation and non-availability of menstrual hygiene facilities. Research shows that 29% of girls of menstruating age can miss up to 20 days of school per year.



Under the achievements on MHM, she shared the results of research studies conducted, briefly discussed the social behavior change communication (SBCC) strategy, influencer engagements such as - top female athletes' engagement as champions for change, religious leaders debunking myths and misconceptions about Islam and MHM.

She further added that more than 3 million girls reached through school-based, community outreach and social media, Increased coordination among multiple stakeholders working on MHM through the National WG and government buy-in in Punjab scaling up MHM initiatives across the region.

In the end she emphasized the slogan - Call to action for all stakeholders to have:

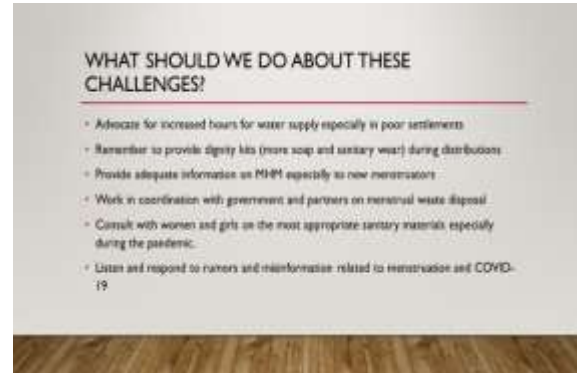
- Nationwide capacity building on MHM
- Shift from awareness raising to changing society norms
- Strategic engagement with local celebrities, support local/youth entrepreneurs
- Creation of participatory platforms - MHM Helpline
- Enhanced Convergence – MHM in Alternative Learning Programs (madrassas), MHM linkage with early marriage
- Strategic partnerships – Girl Guides Association – Boys Scouts, Private Sector
- Support production of safe and local sanitary products
- Support provision of safe and dignified WASH facilities in communities, schools, public places and workplaces



Challenges for Menstruators during COVID 19

Ms. Penninah Mathenge (Environmental Health, Sanitation and Hygiene Specialist) International Rescue Committee (IRC) from Nairobi focused on the challenges that are being faced by the menstruators during COVID – 19 pandemics. She informed the participants that the low supply of sanitary material due to lockdown compel the young girls and women to use inappropriate menstrual material. Similarly, there is increase in the cost of MHM materials due to low supply, that most vulnerable groups will not afford. She added that during normal circumstances there were outreach programs for MHM promotion that are now affected by the lockdown. She further added that there is misinformation among the people that COVID can be spread through menstrual blood but there is no such evidence from the medical studies.

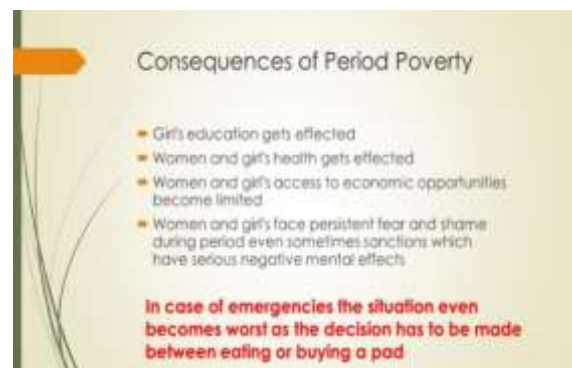
In the end of her presentation she discussed about some viable solutions for these challenges and shared a link to the toolkit for integrating menstrual hygiene management (MHM) into humanitarian response.



Period inequity and COVID-19:

Ms. Afshan Bhatti, National Program Manager (Real Medicine Foundation) throw a light on the alarming issues of period inequity and COVID 19. She defined the term period equity as “it refers to the availability, affordability and safely access to menstrual products”. She clarified that period equity is not only defined by products, but it is also about education and period health. Its absence leads to period poverty which has some negative consequences on women and girl’s health effecting education, economic opportunities and creating persistent fear and shame during Periods among women and girls.

She further added some statistics of UK and Pakistan regarding period poverty and COVID 19, as in UK, 3 out of 10 girls have struggled to afford or access sanitary wear during the lockdown. While discussing inequities in Pakistan, she quoted Alif Ailaan, Oxfam report, and Gender Gap Index report. These reports highlighted less enrolment of children in schools as Pakistan is the second highest in the world regarding fewer enrolments of children in schools, only 32% of women have access to economic opportunities, 46% of women are literate compared to 71% of men. Pakistan ranks third last to (151) on Gender Gap Index. She also put a cursory view on primary and secondary impacts of COVID 19 on periods.



Referring the current economic condition of Pakistan in prevailing situation, she quoted the economic survey 2018—2019 which shows an inflation rate of over 11%, decrease in remittances and the most important sectors agriculture and manufacturing is going to be hit by energy, exports, COVID and

locusts. She concluded her topic with the views of some renowned scholars that how COVID 19 highlights the vulnerable and brought opportunities to them.

Impact of COVID 19 on the Lives of Women with Disabilities

The last presentation of the conference was delivered by **Ms. Afshan Afridi from IRC Peshawar**. She expressed in her view during the presentation that the new coronavirus is a great threat to the people. Previous outbreaks and humanitarian crises have demonstrated that men and women are impacted differently. Women especially those with disabilities and young women suffer disproportionately due to the gender inequality and power relations that determine access to and control over resources. Discussing Population of people with disabilities in Pakistan, she highlighted the decrease in percentage of people with disabilities from 2.38% in 1988 to 0.48% in 2017. She further mentioned the challenges faced by women with disabilities during COVID 19. She emphasized on the Psychosocial support for women with disabilities during this Pandemic as they are confronting with unavailability of rehabilitation centers, unemployment and social distancing.



Closing remarks by Mr. Abdullahi Muhammed Yussuf, Chief Field Office (CFO) UNICEF KP:

Mr. Abdullahi Muhammed Yussuf honored the event with the closing remarks appreciating the efforts of MHM working group and its members in establishing such a positive platform of exchanging knowledge and success stories.

In his concluding remarks he emphasizes that a single organization cannot deliver alone in any sector. It rather requires broader partnership where government, UN Agencies and sector partners work and support more closely together. He further added that what ultimately matters are the health, education and protection of children, adolescent girls, women and the most disadvantaged population around us.

He assured the forum that UNICEF as technical lead is always there for promoting WASH and MHM agenda forward. In the end he congratulated the organizers and presenters for arranging such a successful and fruitful event.

Participation and digital engagement in the conference:

The purpose of the Virtual conference was to bring together people around the globe making it more inclusive and productive. People were invited from different segments of world utilizing social media and google group. With the use of social media increased number of participants got registered and the basic messages related to MHM reached out to a greater number of people. Google Registration form

was developed for the participation of the people belonging different segments of life. 128 people (28.9% male and 71.9% female) from 37 states/Provinces of 7 countries registered their participation. The countries with the highest number of registrants were from Pakistan followed by Philippines reflecting the interest in MHM. Large number of social workers and volunteers joined the virtual conference to connect with others working on MHM and express their views through chat box.

Below table indicates the number of international participants mostly from Education Institutions and organizations such as IRC Nairobi, Water for Health Organization Kenya

| S.No. | Country Name | No of Participants |
|-------|----------------------------|--------------------|
| 1. | Philippines | 27 |
| 2. | India | 08 |
| 3. | Nepal | 05 |
| 4. | Kenya | 01 |
| 5. | Qatar | 01 |
| 6. | Bangladesh | 01 |
| 7. | China | 01 |
| 8. | Nairobi | 01 |
| | Total (7 Countries) | 45 |

The participants were engaged asking questions through the chat box to the presenters and moderators. The chat box was most active around the impact of MHM interventions, Challenges in MH during COVID-19 and discussions on the availability of MHM data. The questions were responded by the presenters during the question answers session that followed every 2 presentation for a duration of 15 minutes.

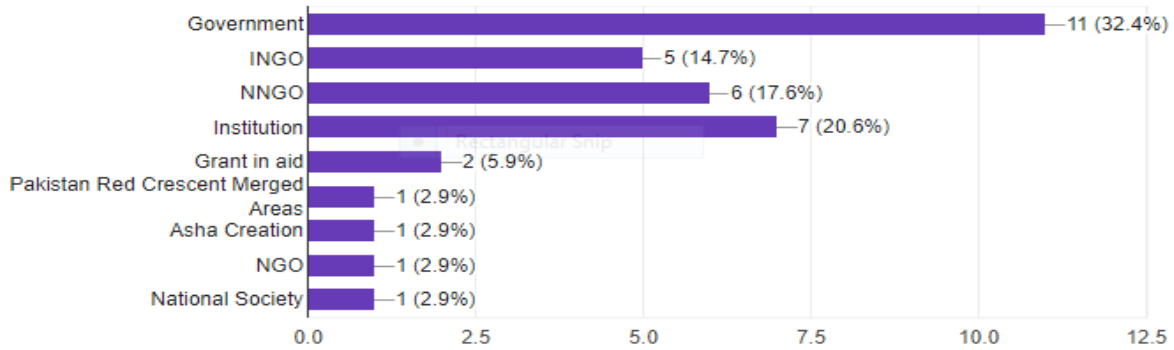
Recommendations:

1. National & provincial working group to sit together and chalk out MHM response plan under the COVID-19 pandemic to meet the MHM needs of menstruating women and girls.
2. Community is not absorbent enough to adapt new improved knowledge and skills, there engagement in the process to promote MHM is vital
3. Menstrual Hygiene Management needs to be replaced as Menstrual health management
4. MHM needs to be incorporate in strategies and sector plans of all sectors including Education Sector Plan, Health & Nutritional National as well as Provincial Plans.
5. To promote MHM, physical infrastructure may be given an equal importance
6. Communities needs to be sensitized to make their own sanitary pads, its safe use and disposal
7. Monitoring Mechanism needs to be strengthened more for quality services
8. Women and people with cycles are facing barriers to adequate healthcare and having a disability can add another layer of difficulty. Some people with disabilities face challenges in managing their health. Thus, peoples with disability needs to be treated on priority, facilitating them in provision of MHM related services.
9. E-Health local language focusing on MHM related issues needs to be introduced
10. MHM Community Support Groups in targeted districts should be formed and trained
11. MHM Special comfort rooms designed for young girls may be introduced in support of development partners and government line agencies.

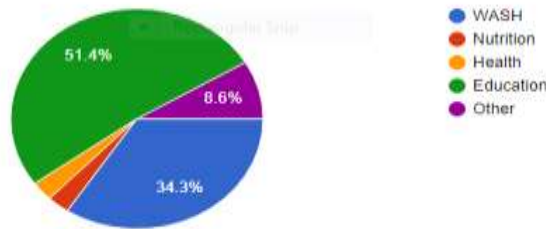
Participants Feedback

In order to get the valuable feedback from the participants of the event to improve it for future was conducted from Sunday 27th June till 4th July 2020. Total 68.6% female and 31.4% male of 10 States/Provinces from three (3) countries Pakistan, India and Philippines responded. The feedback received is as follow:

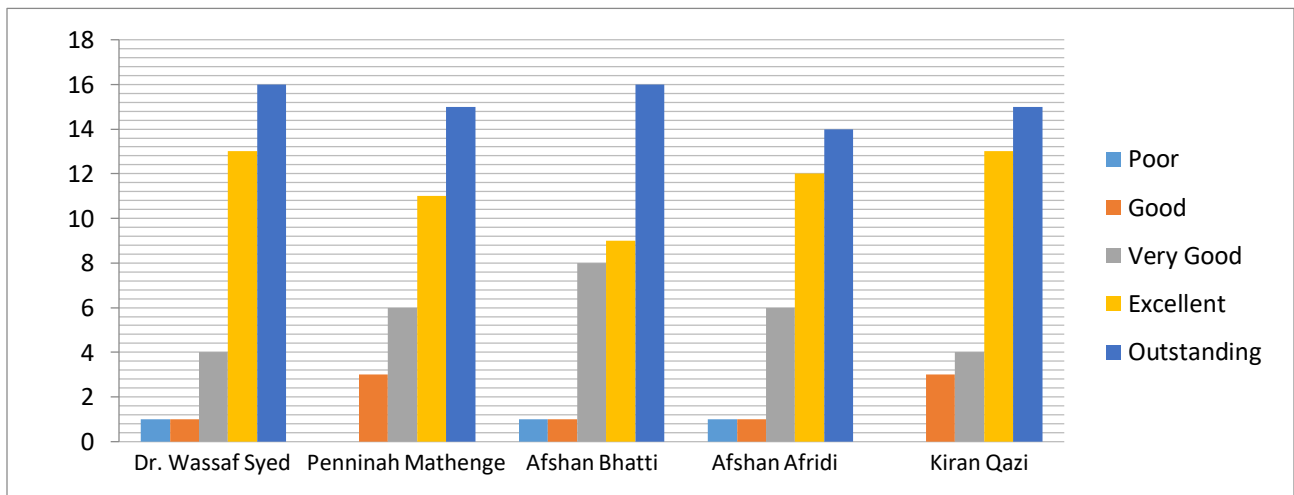
1. Type of Organization:



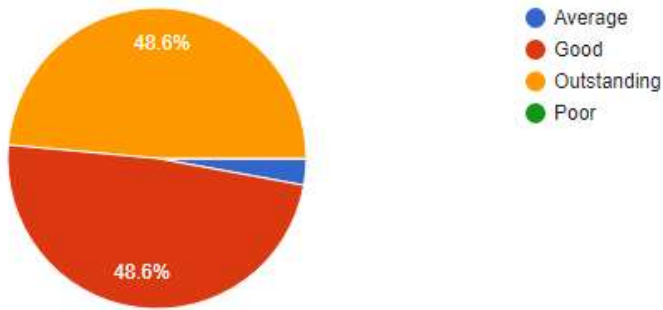
2. Sector:



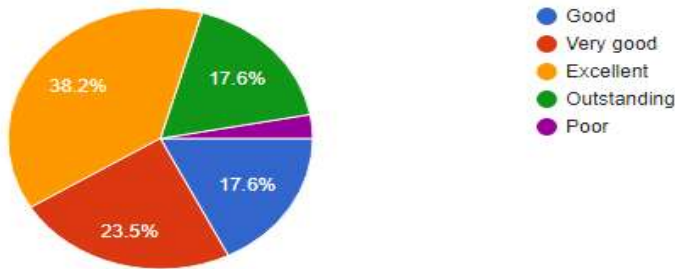
3. Rating of the content of the presentations:



4. Sequence of presentations:



5. Timings of presentations:



6. Are you satisfied with the answers given to your respective questions?

All the participant responded with “Yes” and with much satisfaction while only one participant responded that “there were questions that I need to dig and understand deeper”.

7. How can we improve virtual conference for future?

The following responses are submitted by the survey participants for consideration

- a. Allocation of equal time to participants
- b. Improvement in Audio quality
- c. Engagement of better and experienced speakers
- d. Engagement of new experts
- e. Improvements in time management
- f. Limited discussion time

8. What did you like the most about the conference?

- a. Engagement of International speakers
- b. Clear and Detailed discussion in the event
- c. Simplest Methodology by Dr. Wassaf to brief the participants
- d. Email loop

AGENDA

Menstrual Hygiene Management (MHM) Amid Covid-19

A Virtual Conversation

(Wednesday, June 17th, 2020)

| Time | Topic/ session/ activity | Moderator /Facilitator |
|------------------------|--|---|
| 09:30 -10:00 PST | Online Registration | Ms. Sarah Ehsan |
| 10:00-10:05 PST | Recitation of the Holy Quran | Mr. Luqman Asmat |
| 10:05-10:10 PST | National Anthem of Islamic Republic of Pakistan | Mr. Luqman Asmat |
| 10:10-10:20 PST | Welcome Remarks | Mr. Said Rehman Add; Secretary, Local Council Board, Khyber Pakhtunkhwa MHM – Working Group Lead |
| 10:20-10:45 PST | Updates on Menstrual Hygiene Day& MHM Achievements in KP | Dr. Wassaf Syed Kakakhel UNICEF Program WASH – KP MHM Working Group – Co-Chair |
| 10:45-11:00 PST | National Status of MHM - Pakistan | Ms. Kiran Qazi UNICEF Program WASH – Islamabad |
| 11:00-11:15 PST | Challenges for menstruators during the covid-19 pandemic | Ms. Penninah W. Mathenge Environmental Health, Sanitation and Hygiene Specialist - (IRC) Nairobi |
| 11:15-11:30PST | Question Answer Session | Dr. Wassaf Syed Kakakhel |
| 11:30-11:45 PST | The impact of covid-19 on period equality | Ms. Afshan Bhatti National Program Manager, Real Medicine Foundation Pakistan |
| 11:45-12:00 PST | Impact of Pandemic on the lives of women with disabilities | Ms. Afshan Afridi IRC Peshawar |
| 12:00-12:15 PST | Question Answer Session | Dr. Wassaf Syed Kakakhel |
| 12:15-12:30 PST | Remarks of UNICEF Representative | UNICEF Representative |
| 12:30-12:45 PST | Concluding Remarks | Special Assistant to CM, Mr. Kamran Bangash |
| 12:45- 13:00 PST | Concluding Remarks | Chief Field Office UNICEF Peshawar |

| S/N | Name | Email | Gender | Country | Province/State | Organization / D | Sector / Field | Do You have |
|-----|-------------------------|------------------------------------|--------|-------------|---------------------|-----------------------------------|------------------------------------|----------------|
| 56 | NAZIYA NESHAT | nazneshat086@gmail.com | Female | New Delhi | Delhi | Jamia hammad | PG scholar | Yes |
| 57 | Sucheta Banerjee | suchetabanerjee4191@gmail.com | Female | India | West Bengal | Sir Parashuramb | Assistant Profess | Online |
| 58 | Ma.corazon V. Herrera | mcherrera2@gmail.com | Female | Philis | Cavite | Cavite state uni | Chemistry | None |
| 59 | Erum Adnan | erum.adnan@santex.com.pk | Female | Pakistan | Sindh | Santex/Commun | FMCG/Sanitary Na | Yes |
| 60 | Dr Wassaf Syed | wskakakhel@unicef.org | Female | Pakistan | Khyber Pakhtunkh | UNICEF | Water, Sanitation | YES |
| 61 | MARY FE P. PASCUA | maryfe.pascua@depd.gov.ph | Female | PHILIPPINES | NEG.OR. | DEPED | TEACHING | N/A |
| 62 | Shah Nasir | director@irsp.org.pk | Male | Pakistan | KPK | Integrated Regio | Water, sanitation | Yes |
| 63 | Muhammad Younas | younasmomand@yahoo.com | Male | Pakistan | Khyber Pakhtunkh | WatSan cell IRC | WASH | Yes |
| 64 | Fazli Ghafoor | fazli.ghafoor1@gmail.com | Male | Pakistan | Khyber Pakhtunkh | Strengthening P | Research | Yes |
| 65 | Muhammad Haseeb Khan | It is highly important to learn ab | Male | Pakistan | Khyber Pukhtunkh | Environment Pro | WASH | Yes, EPS imp |
| 66 | Asiya Chaudhry | aashrafchaudhry@unicef.org | Female | Pakistan | Islamabad Capital | UNICEF | WASH | Yes |
| 67 | Saima Ashraf | saimumt3@gmail.com | Female | Pakistan | Punjab | The Able Plus re | Research & Devel | Yes |
| 68 | ziggy | zkugedera@unicef.org | Male | Pakistan | ISB | UNICEF | WASH | yes |
| 69 | Antonette A. Peralta | antonetteaperalta1994@gmail.com | Female | Philippines | Tarlac | Central Luzon H | Private | Nothing |
| 70 | Kathleen Jhyne M. Marti | martinezk1156@yahoo.com | Female | Philippines | Batangas | School | Education | None |
| 71 | CHRISTIAN R. REMPILLO | christian.rempillo@depd.gov.ph | Male | Philippines | LAGUNA | Minayutan Elem | Department of Education | |
| 72 | JUWELA B. REMPILLO | juwela.bugtong@depd.gov.ph | Female | Philippines | LAGUNA | FAMY ELEMENTA | Department of Education | |
| 73 | NEIL BRYAN R. REMPILLO | neilrecodig010@gmail.com | Male | Philippines | LAGUNA | Minayutan Elem | Department of Education | |
| 74 | Rakhshanda Ramzan | Zohra.rangara@gmail.com | Female | Pakistan | Sindh | Aga Khan Unive | Health care | Yes |
| 75 | sabah | mujib sabah@yahoo.com | Female | qatar | qatar | pakistan interna | teaching | a little |
| 76 | Hadiya mujib | hadiya.feast@gmail.com | Female | Pakistan | Nowshera | Nust | Student | Yes |
| 77 | Arishah | | Female | Pakistan | | | Accessible and Affordable Sanitati | Yes |
| 78 | gloria | glihemo@unicef.org | Female | nepal | | unicef | WASH | YES |
| 79 | Sushil Kumar Karki | sushilkumarkarki@gmail.com | Male | Nepal | Bagmati Province | Eco-Connect Pri | WASH/MHM | Yes, currentl |
| 80 | Afshen Zaman | Zamanafsheen@gmail.com | Female | Pakistan | KP | Art & Design U. | Fine Arts | Yes |
| 81 | Rao Hassan | raoktk@yahoo.com | Male | Pakistan | Khyber Pakhtunkh | Pakistan Red Cre | WASH | Menstrual H |
| 82 | Sonika Thapaliya | sonikathapaliya@gmail.com | Female | Nepal | Bagmati | Connection Nep | Water Sanitation | Yes, I am init |
| 83 | Romaisa | romaisaarbab4@gmail.com | Female | Pakistan | Khyber Pakhtun k | Khwendo Kor | Moderator | No |
| 84 | Rakhshanda Ramzan | Zohra.rangara@gmail.com | Female | Pakistan | Karachi, Sindh | Aga Khan Unive | Health Sector | Yes |
| 85 | Rehana Ramzan | Zohra.rangara@gmail.com | Female | Pakistan | Karachi, Sindh | Aga Khan School | Health | Yes |
| 86 | Jayashree Prasad | jsrepsd@gmail.com | Female | India | Sikkim | Sikkim Universit | Education | Yes |
| 87 | AEZEL O. PANGILINAN | aezelpangilinan@gmail.com | Female | PHILIPPINES | LAGUNA | Deped | | |
| 88 | Bernadeth L. Labanon | berwinroilabanon@gmail.com | Female | Philippines | Laguna | DepEd | Government | No |
| 89 | Leonora Tuarez | leonora.tuarez001@depd.gov.ph | Female | Philippines | N/A | Deped | Teaching | Yes |
| 90 | Emilyn M. Ricamora | ricamoraemilyn30@gmail.com | Female | Philippines | Cavite | Department of E | Education/Teache | None |
| 91 | Cheryl D. Ruiz | ruizcheryl049@gmail.com | Female | Philippines | Bukidnon | DepEd | Teacher | Yes |
| 92 | REA R. GARCIA | edritz1123@gmail.com | Female | Philippines | Tarlac City | Department of E | Teaching | Yes |
| 93 | RUTHCHIE S. TORIBIO | | Female | Philippines | Zamboanga del su | DEPED | TEACHING | NO |
| 94 | RALPH LOURENCE C. MAN | ralphytoot@gmail.com | Male | Philippines | Zamboanga del sur | Teaching | | No |
| 95 | Manisha Singh | hellomani7505@gmail.com | Female | India | Varanasi , Uttar Pr | Managing Director Of Asha Creativ | | Yes. |
| 96 | Imelda S. Santos | imeldasantos0920@gmail.com | Female | Philippines | Laguna | DepEd | Teacher | None |
| 97 | Nainshri Singh | nainshri03@gmail.com | Female | Nepal | Province 1 | Student | Public health | Yes |
| 98 | Dr.S.Revathi | revathis79@gmail.com | Female | India | Tamilnadu | Excel College of | Pharmacy | Yes |
| 99 | Jazbia Abbasi | jazbia.jazbia8@googlemail.com | Female | China | Anhui | Ecology departm | women rights acti | yes |
| 100 | Afshan Bhatti | afshanbhattipk@yahoo.com | Female | Pakistan | Islamabad | Real Medicine F | Research | yes |
| 101 | Eiman | eimanjamil@yahoo.com | Female | Pakistan | KP | REPID | Women's Rights | Yes |
| 102 | Wajid Khan | wajid@hope87.org | Male | Pakistan | Khyber Pakhtunkh | HOPE'87 | Education and Wa | No |
| 103 | Shafiq Durrani | shafiqueurrani@yahoo.com | Male | Pakistan | KPK | PAK-CDP (Natio | WASH & Livelihood | Not too muc |
| 104 | Ishtiaq Ahmad Khan | iahmad@worldrelief.de | Male | Pakistan | Khyber pakhtoonk | world relief | Program | Yes |
| 105 | Muhibullah | muhibullah@qcharity.org.pk | Male | Pakistan | ICT | Qatar Charity / v | WASH | Yes |
| 106 | Qudsia Inam | Pro.support.pk@secours-islami | Female | Pakistan | Federal/Islamaba | SIF/Programme | Programme desig | Yes |
| 107 | Toheed Bibi | toheed_one7@yahoo.com | Female | Pakistan | Islamabad | Concern Worldw | WASH | Yes |
| 108 | Abdul Rauf Afridi | afridi.rauf@gmail.com | Male | Pakistan | KPK | Peace And Deve | WASH | Yes |
| 109 | Furqan | furqan@pado.org.pk | Male | Pakistan | KP | Peace and Deve | WASH | Yes |
| 110 | Manzoor Alam | manzoor@helpinneed.org | Male | Pakistan | KPK | HELP IN NEED | WASH | Yes |
| 111 | Raja Alamzeb Khan | rabtdevelopmentorganization@ | Male | Pakistan | Pakistan -Khyber | Pakhtunkhwa -As | Rabt Development Organizati | |
| 112 | Anwar Zeb | anwarzeb22@gmail.com | Male | Pakistan | Islamabad | International Re | WASH | MHM |
| 113 | Israr Ali | israr@hope87.org | Male | Pakistan | Khyber Pakhtunkh | HOPE'87 | WASH and Educat | Yes |
| 114 | Hakim zada | rdobuner@yahoo.com | Male | Pakistan | kpk | Rural Developm | Mangment | no |
| 115 | Ali Asghar | birds.org@gmail.com | Male | Pakistan | Khyber Pakhtun K | Basic integrated | Education/Health | No |
| 116 | Mazhar Ali | Mazhar.Ali@nca.no | Male | Pakistan | KP | NCA | WASH | Yes |
| 117 | Nusrat Ghulam | Nusratghulam123@gmail.com | Female | Pakistan | Khyber Pakhtunkh | International Re | Health | Yes |
| 118 | Umer Awan | uf_awan@yahoo.com | Male | Pakistan | KP | Pak Mission Soc | WASH and Disaste | I have basic |
| 119 | Munim Shah | munim.shah@hotmail.com | Male | Pakistan | KPK | Muslim Hands | WASH | Yes |
| 120 | Ambareen | | Female | Pakistan | Khyber Pakhtunkh | PVDP | Monitoring and e | Yes |
| 121 | Farhad Ali | farhad.ali@acted.org | Male | 173 | Khyber Pakhtunkh | ACTED | Program | Yes i have ap |
| 122 | Saman Mughal | Samanshahzebkh@gmail.com | Female | Pakistan | KPK | Pakistan commu | WASH | Yes |
| 123 | Sumera Izhar | sumera.izhar@nca.no | Female | Pakistan | Islamabad | Norwegian Chur | WASH | YES |
| 124 | Junaid Khan | junaid.khan@rescue.org | Male | Pakistan | Khyber Pakhtunkh | International Re | Environmental He | Yes |
| 125 | Rida Asad | | Female | Pakistan | Islamabad | Quaid i Azam Ur | International Relat | Yes |
| 126 | Saman Mughal | Samanshahzebkh@gmail.com | Female | Pakistan | KPK | Pakistan commu | WASH | Yes |
| 127 | Shafiq Durrani | shafiqueurrani@yahoo.com | Male | Pakistan | KPK | PAK-CDP | WASH & Livelihood | Yes but not t |
| 128 | Samrina Baluch | hedopak@gmail.com | Female | Pakistan | KPK | HEDO | Monitoring | Yes |